

## **OASIS Alert**

## **GERIATRIC DEPRESSION SCALE: SHORT FORM**

Choose the best answer for how you have felt over the past week:

- 1. Are you basically satisfied with your life? YES / NO
- 2. Have you dropped many of your activities and interests? YES / NO
- 3. Do you feel that your life is empty? YES / NO
- 4. Do you often get bored? YES / NO
- 5. Are you in good spirits most of the time? YES / NO
- 6. Are you afraid that something bad is going to happen to you? YES / NO
- 7. Do you feel happy most of the time? YES / NO
- 8. Do you often feel helpless? YES / NO
- 9. Do you prefer to stay at home, rather than going out and doing new things? YES / NO
- 10. Do you feel you have more problems with memory than most?  $\ensuremath{\text{YES}}$  / NO
- 11. Do you think it is wonderful to be alive now? YES /  $\ensuremath{\text{NO}}$
- 12. Do you feel pretty worthless the way you are now? YES / NO
- 13. Do you feel full of energy? YES / NO
- 14. Do you feel that your situation is hopeless? **YES** / NO
- 15. Do you think that most people are better off than you are?  $\ensuremath{\text{YES}}$  / NO