

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association

Medical Policy Vagus Nerve Stimulation

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- Policy: Commercial
- Policy: Medicare
- <u>Authorization Information</u>
 - Policy Number: 474 BCBSA Reference Number: 7.01.20

Related Policies

None

Policy

Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity

Coding Information

Description

Policy History

Vagus nerve stimulation may be **MEDICALLY NECESSARY** as a treatment of medically refractory seizures.

Vagus nerve stimulation is **INVESTIGATIONAL** as a treatment of other conditions, including but not limited to heart failure, fibromyalgia, depression, essential tremor, obesity, headaches, tinnitus and traumatic brain injury.

Non implantable vagus nerve stimulation devices are **INVESTIGATIONAL** for all indications.

Medicare HMO BlueSM and Medicare PPO BlueSM Members

BCBSMA covers vagus nerve stimulation for the following indication for Medicare HMO Blue and Medicare PPO Blue members in accordance with CMS NCD:

• For patients with medically refractory partial onset seizures for whom surgery is not recommended or for whom surgery has failed.

BCBSMA does not cover vagus nerve stimulation for the following indications for Medicare HMO Blue and Medicare PPO Blue members in accordance with CMS NCD:

- For all other types of seizure disorders which are medically refractory and for whom surgery is not recommended or for whom surgery has failed.
- For resistant depression. (Information on the national coverage analysis leading to this determination can be found at: http://www.cms.gov/mcd/viewnca.asp?where=index&nca_id=195.)

National Coverage Determination (NCD) for Vagus Nerve Stimulation (VNS) (160.18)

https://www.cms.gov/medicare-coverage-database/details/ncddetails.aspx?NCDId=230&ncdver=2&bc=AgAAgAAAAAA&

- Information Pertaining to All Policies
- References

Prior Authorization Information

Pre-service approval is required for all inpatient services for all products.

See below for situations where prior authorization may be required or may not be required for outpatient services.

Yes indicates that prior authorization is required.

No indicates that prior authorization is not required.

	Outpatient
Commercial Managed Care (HMO and POS)	No
Commercial PPO and Indemnity	No
Medicare HMO Blue SM	No
Medicare PPO Blue SM	No

CPT Codes / HCPCS Codes / ICD-9 Codes

The following codes are included below for informational purposes. Inclusion or exclusion of a code does not constitute or imply member coverage or provider reimbursement. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage as it applies to an individual member. A draft of future ICD-10 Coding related to this document, as it might look today, is included below for your reference.

Providers should report all services using the most up-to-date industry-standard procedure, revenue, and diagnosis codes, including modifiers where applicable

СРТ	
codes:	Code Description
61885	Insertion or replacement of cranial neurostimulator pulse generator or receiver, direct or inductive coupling; with connection to a single electrode array
61886	Insertion or replacement of cranial neurostimulator pulse generator or receiver, direct or inductive coupling; with connection to 2 or more electrode arrays
64553	Percutaneous implantation of neurostimulator electrodes; cranial nerve
64568	Incision for implantation of cranial nerve (eg, vagus nerve) neurostimulator electrode array and pulse generator
95974	Electronic analysis of implanted neurostimulator pulse generator system (eg, rate, pulse amplitude, pulse duration, configuration of wave form, battery status, electrode selectability, output modulation, cycling, impedance and patient compliance measurements); complex cranial nerve neurostimulator pulse generator/transmitter, with intraoperative or subsequent programming, with or without nerve interface testing, first hour
95975	Electronic analysis of implanted neurostimulator pulse generator system (eg, rate, pulse amplitude, pulse duration, configuration of wave form, battery status, electrode selectability, output modulation, cycling, impedance and patient compliance measurements); complex cranial nerve neurostimulator pulse generator/transmitter, with intraoperative or subsequent programming, each additional 30 minutes after first hour

CPT Codes

ICD-9 Diagnosis Codes

ICD-9-CM diagnosis	
codes:	Code Description
345.00	Generalized nonconvulsive epilepsy, without mention of intractable epilepsy
345.01	Generalized nonconvulsive epilepsy, with intractable epilepsy
345.10	Generalized convulsive epilepsy, without mention of intractable epilepsy
345.11	Generalized convulsive epilepsy, with intractable epilepsy
345.2	Petit mal status

345.3	Grand mal status
345.40	Localization-related (focal) (partial) epilepsy and epileptic syndromes with complex partial
	seizures, without mention of intractable epilepsy
345.41	Localization-related (focal) (partial) epilepsy and epileptic syndromes with complex partial
	seizures, with intractable epilepsy
245 50	Localization-related (focal) (partial) epilepsy and epileptic syndromes with simple partial
545.50	seizures, without mention of intractable epilepsy
3/5 51	Localization-related (focal) (partial) epilepsy and epileptic syndromes with simple partial
040.01	seizures, with intractable epilepsy
345.60	Infantile spasms, without mention of intractable epilepsy
345.61	Infantile spasms, with intractable epilepsy
345.70	Epilepsia partialis continua, without mention of intractable epilepsy
345.71	Epilepsia partialis continua, with intractable epilepsy
345.80	Other forms of epilepsy and recurrent seizures, without mention of intractable epilepsy
345.81	Other forms of epilepsy and recurrent seizures, with intractable epilepsy
345.90	Epilepsy, unspecified, without mention of intractable epilepsy
345.91	Epilepsy, unspecified, with intractable epilepsy
780.39	Other convulsions

ICD-10 Diagnosis Codes

ICD-10-CM Diagnosis	
codes:	Code Description
G40.309	Generalized idiopathic epilepsy and epileptic syndromes, not intractable, without status epilepticus
G40.001	Localization-related (focal) (partial) idiopathic epilepsy and epileptic syndromes with seizures of localized onset, not intractable, with status epilepticus
G40.009	Localization-related (focal) (partial) idiopathic epilepsy and epileptic syndromes with seizures of localized onset, not intractable, without status epilepticus
G40.011	Localization-related (focal) (partial) idiopathic epilepsy and epileptic syndromes with seizures of localized onset, intractable, with status epilepticus
G40.019	Localization-related (focal) (partial) idiopathic epilepsy and epileptic syndromes with seizures of localized onset, intractable, without status epilepticus
G40.101	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with simple partial seizures, not intractable, with status epilepticus
G40.109	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with simple partial seizures, not intractable, without status epilepticus
G40.111	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with simple partial seizures, intractable, with status epilepticus
G40.119	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with simple partial seizures, intractable, without status epilepticus
G40.201	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with complex partial seizures, not intractable, with status epilepticus
G40.209	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with complex partial seizures, not intractable, without status epilepticus
G40.211	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with complex partial seizures, intractable, with status epilepticus
G40.219	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with complex partial seizures, intractable, without status epilepticus
G40.301	Generalized idiopathic epilepsy and epileptic syndromes, not intractable, with status epilepticus
G40.311	Generalized idiopathic epilepsy and epileptic syndromes, intractable, with status epilepticus
G40.319	Generalized idiopathic epilepsy and epileptic syndromes, intractable, without status

	epilepticus
G40.401	Other generalized epilepsy and epileptic syndromes, not intractable, with status epilepticus
G40.409	Other generalized epilepsy and epileptic syndromes, not intractable, without status epilepticus
G40.411	Other generalized epilepsy and epileptic syndromes, intractable, with status epilepticus
G40.419	Other generalized epilepsy and epileptic syndromes, intractable, without status epilepticus
G40.501	Epileptic seizures related to external causes, not intractable, with status epilepticus
G40.509	Epileptic seizures related to external causes, not intractable, without status epilepticus
G40.801	Other epilepsy, not intractable, with status epilepticus
G40.802	Other epilepsy, not intractable, without status epilepticus
G40.803	Other epilepsy, intractable, with status epilepticus
G40.804	Other epilepsy, intractable, without status epilepticus
G40.811	Lennox-Gastaut syndrome, not intractable, with status epilepticus
G40.812	Lennox-Gastaut syndrome, not intractable, without status epilepticus
G40.813	Lennox-Gastaut syndrome, intractable, with status epilepticus
G40.814	Lennox-Gastaut syndrome, intractable, without status epilepticus
G40.821	Epileptic spasms, not intractable, with status epilepticus
G40.822	Epileptic spasms, not intractable, without status epilepticus
G40.823	Epileptic spasms, intractable, with status epilepticus
G40.824	Epileptic spasms, intractable, without status epilepticus
G40.89	Other seizures
G40.901	Epilepsy, unspecified, not intractable, with status epilepticus
G40.909	Epilepsy, unspecified, not intractable, without status epilepticus
G40.911	Epilepsy, unspecified, intractable, with status epilepticus
G40.919	Epilepsy, unspecified, intractable, without status epilepticus
G40.A01	Absence epileptic syndrome, not intractable, with status epilepticus
G40.A09	Absence epileptic syndrome, not intractable, without status epilepticus
G40.A11	Absence epileptic syndrome, intractable, with status epilepticus
G40.A19	Absence epileptic syndrome, intractable, without status epilepticus
G40.B01	Juvenile myoclonic epilepsy, not intractable, with status epilepticus
G40.B09	Juvenile myoclonic epilepsy, not intractable, without status epilepticus
G40.B11	Juvenile myoclonic epilepsy, intractable, with status epilepticus
G40.B19	Juvenile myoclonic epilepsy, intractable, without status epilepticus
R56.9	Unspecified convulsions

Description

Vagus nerve stimulation (VNS) has been investigated as a treatment alternative in patients with medically refractory partial-onset seizures for whom surgery is not recommended or for whom surgery has failed.

The basic premise of VNS in the treatment of various conditions is that vagal visceral afferents have a diffuse central nervous system projection, and activation of these pathways has a widespread effect on neuronal excitability. It has been reported that recipients of a vagus nerve stimulator have experienced improvements in mood. Therefore, there has been research interest in VNS as a treatment for refractory depression.

VNS therapy has also been investigated for use in other conditions such as headaches, obesity, and essential tremors.

Examples of VNS devices include the NeuroCybernetic Prosthesis (NCP®) system and the VNS Therapy[™] System from Cyberonics. All VNS devices are considered investigational regardless of the

commercial name, the manufacturer or FDA approval status except when used for the medically necessary indications that are consistent with the policy statement.

Summary

For patients with refractory seizures, evidence from randomized controlled trials and multiple observational studies supports a reduction in seizure frequency following vagus nerve stimulation (VNS). A TEC Assessment concluded that the evidence is sufficient to permit conclusions on the efficacy of this technique for treatment of refractory seizures. Therefore, VNS may be considered medically necessary for patients with refractory seizures.

For patients with depression, there is some evidence supporting improvements in depressive symptoms after VNS. However, there are a number of limitations of these data, including uncertain clinical significance, lack of evidence on durability, and lack of comparison with alternative treatments. As a result, it is not clear if VNS is as effective as alternatives for specific populations of patients with depression, and VNS is considered investigational for this indication.

For other conditions, including but not limited to headaches, obesity, essential tremor, heart failure, fibromyalgia, tinnitus, and traumatic brain injury, the evidence is limited and not sufficient to permit conclusions on efficacy. VNS is considered investigational for these indications.

The evidence is insufficient to allow conclusions on the efficacy of transcutaneous VNS, and there are no transcutaneous stimulation devices that have FDA approval; therefore, transcutaneous VNS is considered investigational.

Date	Action
8/2014	BCBSA National medical policy review.
	New investigational indications described. Effective 8/1/2014.
6/2014	Updated Coding section with ICD10 procedure and diagnosis codes, effective 10/2015.
12/2013	Removed the HCPCS codes (L8680-LL8689) as they do not meet the intent
10/2013	Removed CPT codes 64569, 64570 as these CPT codes do not apply to the policy
4/2013	New references from BCBSA National medical policy.
2/2013	BCBSA National medical policy review.
	Changes made to policy statements. Effective 2/4/2013.
1/2013	Updated to add new CPT codes 0312T-0317T
11/2011-	Medical policy ICD 10 remediation: Formatting, editing and coding updates.
4/2012	No changes to policy statements.
4/2011	BCBSA National medical policy review.
	No changes to policy statements.
1/2011	Reviewed - Medical Policy Group - Neurology and Neurosurgery.
	No changes to policy statements.
1/2010	Reviewed - Medical Policy Group - Neurology and Neurosurgery.
	No changes to policy statements.
1/2009	Reviewed - Medical Policy Group - Neurology and Neurosurgery.
	No changes to policy statements.
1/2008	BCBSA National medical policy review.
	No changes to policy statements.
1/2008	Reviewed - Medical Policy Group - Neurology and Neurosurgery.
	No changes to policy statements.
7/2007	Reviewed - Medical Policy Group - Neurology and Neurosurgery.
	No changes to policy statements.
2/2007	Reviewed - Medical Policy Group - Psychiatry and Ophthalmology.
	No changes to policy statements.
1/2007	Reviewed - Medical Policy Group - Neurology and Neurosurgery.

Policy History

No changes to policy statements.
no changes to policy statements

Information Pertaining to All Blue Cross Blue Shield Medical Policies

Click on any of the following terms to access the relevant information:

Medical Policy Terms of Use Managed Care Guidelines Indemnity/PPO Guidelines Clinical Exception Process Medical Technology Assessment Guidelines

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