

BLUE CROSS OF NORTHEASTERN PA "BCNEPA" MEDICAL POLICY BULLETIN	MANUAL: MEDICAL POLICY
	REFERENCE NO.: MPO-490-0091
EFFECTIVE DATE April 1, 2014	SUBJECT: Psychological Testing

Blue Cross of Northeastern Pennsylvania ("BCNEPA") Medical Policy

Medical policy is not an authorization, certification, explanation of benefits or a contract. Benefits and eligibility are determined before medical policy and claims payment policy are applied. Policies are provided for informational purposes only and are developed to assist in administering plan benefits and do not constitute medical advice. Treating providers are solely responsible for medical advice and treatment. Policies are based on research of current medical literature and review of common medical practices in the treatment and diagnosis of disease. Medical practices and information are constantly changing and BCNEPA may review and revise its medical policies periodically. Also, due to the rapid pace of changing technology and the advent of new medical procedures, BCNEPA may not have a policy to address every procedure. In those cases, BCNEPA may review other sources of information including, but not limited to, current medical literature and other medical resources, such as Technology Evaluation Center Assessments (TEC) published by the Blue Cross Blue Shield Association. BCNEPA may also consult with health care providers possessing particular expertise in the services at issue.

I. DESCRIPTION:

Psychological Testing is the evaluation procedures required for the diagnosis and treatment of behavioral adjustments, the psychological concomitants of a disease, illness, injury or disability and to differentiate functional from organic problems. Includes the administration, interpretation and scoring of the tests and other medically accepted tests for evaluation of intellectual strengths, psychopathology, psychodynamics, mental health risks, insight, motivation and other factors influencing treatment and prognosis. Psychological testing is used to assess personality, intellect, emotions, and behaviors; this type of testing can be used to determine the presence of organic brain syndrome.

- Aptitude Tests are tests that show samples of behavior in areas where the individual may have certain potentials. As such, they serve a predictive function.
- Interest Tests are tests used to measure an individual's typical performance. Patterns of high and low interest areas can determine an individual's likes and dislikes.

II. BENEFIT POLICY STATEMENT:

BCNEPA makes decisions on coverage based on Policy Bulletins, benefit plan documents, and the member's medical history and condition. Benefits may vary based on product line, group or contract, therefore, Member benefits must be verified. In the event of a conflict between the Member's benefit plan document and topics addressed in Medical Policy Bulletins (i.e., specific contract exclusions), the Member's benefit plan document always supersedes the information in the Medical Policy Bulletins. BCNEPA determines medical necessity only if the benefit exists and no contract exclusions are applicable.

Benefits are determined by the terms of the Member's specific benefit plan document [i.e., the Fully Insured policy, the Administrative Services Only (ASO) agreement applicable to the Self-Funded Plan Participant, or the Individual Policy] that is in effect at the time services are rendered.

III. MEDICAL POLICY STATEMENT:

Coverage is subject to the terms, conditions, and limitations of the member's contract.

- A. BCNEPA shall provide psychological testing as an aid in the diagnosis and evaluation of mental illness or when a significant psychological problem exists.
- B. Psychological testing shall be administered by a licensed psychologist.
- C. BCNEPA shall not provide coverage when psychological testing is for the purpose of non-treatment related issues, such as, but not limited to:
 - 1. Routine evaluation of occupational or career aptitudes;
 - 2. Testing not related to a significant psychological problem;
 - 3. Learning difficulties;
 - 4. Developmental development; or
 - 5. Mental retardation.
- D. BCNEPA shall not provide coverage for psychological testing that must be provided in accordance with Public Law 94-142, which mandates that special educational services, (i.e., psychometric evaluations of intelligence, achievement, speech and language, and motor development) shall be provided for free through Member's local public school system. Members have the right to a multidisciplinary team evaluation of their children in a public school system. This includes testing for Attention Deficit Hyperactivity Disorder (ADHD).

Aptitude and/or interest tests may be administered solely for educational purposes; therefore, these shall be non-covered.

IV. DEFINITIONS:

N/A

-PLEASE SEE CODING ON NEXT PAGE-

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The five character codes included in the **Blue Cross of Northeastern Pennsylvania's Medical Policy** are obtained from Current Procedural Terminology (CPT*), copyright 2013 by the American Medical Association (AMA). CPT is developed by the AMA as a listing of descriptive terms and five character identifying codes and modifiers for reporting medical services and procedures.

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BCNEPA CODING

Covered procedure codes are dependent upon meeting criteria of the policy and appropriate diagnosis code.

Benefits are determined by the Member's fully insured policy or the administrative services only agreement applicable to the Self-Funded plan Participant that is in effect at the time services are rendered.

PROCEDURE CODES

96101 96102 96103 96111 96116 96118 96119 96120

ICD-9 DIAGNOSIS CODES

296.00-	299.01	290.42	292.11	293.0
296.99	290.11	290.43	292.12	293.81
299.10-	290.12	291.0	292.2	293.82
299.91	290.13	291.1	292.81	293.83
304.00-	290.20	291.5	292.82	293.84
304.80	290.21	291.81	292.83	293.89
305.20-	290.3	291.89	292.84	293.9
305.92	290.40	291.9	292.85	294.0
299.00-	290.41	292.0	292.9	294.10

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294.11	295.63	300.6	307.54	312.23
294.8	295.64	300.7	307.59	312.35
294.9	295.65	300.82	307.80	312.4
295.10	295.70	301.7	307.89	312.81
295.11	295.71	302.1	308.3	312.82
295.12	295.72	302.2	309.0	312.89
295.13	295.73	302.70	309.1	313.23
295.14	295.74	302.71	309.21	313.81
295.15	295.75	302.72	309.23	313.82
295.20	295.90	302.73	309.24	314.00
295.21	297.1	302.74	309.28	314.01
295.22	297.3	302.75	309.3	314.1
295.23	298.8	302.76	309.4	314.2
295.24	298.9	302.79	309.81	314.8
295.25	300.01	303.90	310.0	314.9
295.30	300.02	303.91	310.1	315.0
295.31	300.11	303.92	310.2	315.01
295.32	300.12	307.1	310.9	315.02
295.33	300.13	307.20	311	315.09
295.34	300.14	307.21	312.00	315.1
295.35	300.15	307.22	312.01	315.2
295.40	300.16	307.23	312.02	317
295.41	300.19	307.3	312.03	318.0
295.42	300.21	307.42	312.10	318.1
295.43	300.22	307.44	312.11	318.2
295.44	300.23	307.46	312.12	319
295.45	300.29	307.50	312.13	
295.60	300.3	307.51	312.20	
295.61	300.4	307.52	312.21	
295.62		307.53	312.22	

ICD-10 DIAGNOSIS CODES INFORMATIONAL ONLY

F01.50	F06.32	F10.180	F10.26	F10.988
F01.51	F06.33	F10.181	F10.280	F10.99
F02.80	F06.34	F10.188	F10.281	F11.10
F02.81	F06.4	F10.19	F10.288	F11.120
F03.90	F06.8	F10.20	F10.29	F11.121
F04	F07.0	F10.221	F10.921	F11.122
F05	F07.81	F10.230	F10.94	F11.129
F05	F07.9	F10.231	F10.950	F11.14
F06.0	F09	F10.232	F10.959	F11.150
F06.1	F10.121	F10.239	F10.96	F11.151
F06.2	F10.14	F10.24	F10.97	F11.182
F06.30	F10.150	F10.250	F10.980	F11.19
F06.31	F10.159	F10.259	F10.981	F11.20

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F11.21	F12.950	F14.10	F15.222	F16.94
F11.220	F12.951	F14.120	F15.229	F16.950
F11.221	F12.99	F14.121	F15.23	F16.951
F11.222	F13.10	F14.129	F15.24	F16.99
F11.229	F13.120	F14.14	F15.250	F17.203
F11.23	F13.121	F14.150	F15.251	F17.209
F11.24	F13.129	F14.151	F15.259	F17.213
F11.250	F13.14	F14.182	F15.280	F17.219
F11.251	F13.150	F14.19	F15.281	F17.223
F11.259	F13.151	F14.20	F15.282	F17.229
F11.281	F13.182	F14.21	F15.288	F17.293
F11.282	F13.19	F14.220	F15.29	F17.299
F11.288	F13.20	F14.221	F15.90	F18.10
F11.29	F13.21	F14.222	F15.920	F18.120
F11.90	F13.220	F14.229	F15.921	F18.121
F11.920	F13.221	F14.23	F15.929	F18.129
F11.921	F13.229	F14.24	F15.93	F18.14
F11.929	F13.230	F14.250	F15.94	F18.150
F11.93	F13.231	F14.251	F15.950	F18.151
F11.94	F13.232	F14.259	F15.951	F18.17
F11.950	F13.239	F14.280	F15.982	F18.19
F11.951	F13.24	F14.281	F15.99	F18.20
F11.982	F13.250	F14.282	F16.10	F18.21
F11.99	F13.251	F14.288	F16.120	F18.220
F12.10	F13.259	F14.29	F16.121	F18.221
F12.120	F13.26	F14.90	F16.129	F18.229
F12.121	F13.27	F14.920	F16.14	F18.24
F12.129	F13.280	F14.921	F16.150	F18.250
F12.150	F13.281	F14.929	F16.151	F18.251
F12.151	F13.282	F14.94	F16.19	F18.259
F12.19	F13.288	F14.950	F16.20	F18.27
F12.20	F13.29	F14.951	F16.21	F18.280
F12.21	F13.90	F14.982	F16.220	F18.288
F12.220	F13.920	F14.99	F16.221	F18.29
F12.221	F13.921	F15.10	F16.229	F18.90
F12.222	F13.929	F15.120	F16.24	F18.920
F12.229	F13.930	F15.121	F16.250	F18.921
F12.250	F13.931	F15.129	F16.251	F18.929
F12.251	F13.932	F15.14	F16.259	F18.94
F12.259	F13.939	F15.150	F16.280	F18.950
F12.280	F13.94	F15.151	F16.283	F18.951
F12.288	F13.950	F15.182	F16.288	F18.97
F12.29	F13.951	F15.19	F16.29	F18.99
F12.90	F13.96	F15.20	F16.90	F19.10
F12.920	F13.97	F15.21	F16.920	F19.120
F12.921	F13.982	F15.220	F16.921	F19.121
F12.929	F13.99	F15.221	F16.929	F19.129

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F19.14	F20.5	F31.89	F42	F52.31
F19.150	F20.81	F31.9	F43.0	F52.32
F19.151	F20.9	F32.0	F43.10	F52.4
F19.16	F22	F32.1	F43.11	F52.6
F19.17	F23	F32.2	F43.12	F52.8
F19.182	F24	F32.3	F43.21	F52.9
F19.19	F25.0	F32.4	F43.22	F53
F19.20	F25.1	F32.5	F43.23	F55.0
F19.21	F25.8	F32.8	F43.24	F55.1
F19.220	F25.9	F32.9	F43.25	F55.2
F19.221	F28	F33.0	F44.0	F55.3
F19.222	F29	F33.1	F44.1	F55.4
F19.229	F30.10	F33.2	F44.2	F55.8
F19.230	F30.11	F33.3	F44.4	F60.2
F19.231	F30.12	F33.40	F44.5	F63.81
F19.232	F30.13	F33.41	F44.6	F65.4
F19.239	F30.2	F33.42	F44.7	F65.89
F19.24	F30.3	F33.8	F44.81	F68.11
F19.250	F30.4	F33.9	F44.9	F68.13
F19.251	F30.8	F34.1	F4489	F68.8
F19.259	F30.9	F34.8	F45.1	F70
F19.26	F31.0	F34.9	F45.20	F71
F19.27	F31.10	F39	F45.21	F72
F19.280	F31.11	F40.00	F45.22	F73
F19.281	F31.12	F40.01	F45.29	F78
F19.282	F31.13	F40.02	F45.41	F79
F19.288	F31.2	F40.10	F45.42	F81.0
F19.29	F31.30	F40.11	F45.9	F81.2
F19.90	F31.31	F40.210	F48.1	F81.81
F19.920	F31.32	F40.218	F50.00	F81.89
F19.921	F31.4	F40.220	F50.01	F84.0
F19.929	F31.5	F40.228	F50.02	F84.3
F19.930	F31.60	F40.230	F50.2	F84.5
F19.931	F31.61	F40.231	F50.8	F84.8
F19.932	F31.62	F40.232	F50.9	F84.9
F19.939	F31.63	F40.233	F51.01	F90.0
F19.94	F31.64	F40.240	F51.03	F90.1
F19.950	F31.70	F40.241	F51.09	F90.2
F19.951	F31.71	F40.242	F51.11	F90.8
F19.96	F31.72	F40.248	F51.12	F90.9
F19.97	F31.73	F40.290	F51.19	F91.0
F19.982	F31.74	F40.291	F51.3	F91.1
F19.99	F31.75	F40.298	F51.4	F91.2
F20.0	F31.76	F40.8	F52.0	F91.3
F20.1	F31.77	F402.43	F52.1	F91.8
F20.2	F31.78	F41.0	F52.21	F93.0
F20.3	F31.81	F41.1	F52.22	F93.8

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F94.0
F94.8
F95.0

F95.1
F95.2
F95.8

F95.9
F98.21
F98.29

F98.3
F98.4
R37

R48.0

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