



# Cigna Medical Coverage Policy

Subject **Transvaginal Ultrasound, Non-Obstetrical**

Effective Date ..... 8/15/2014  
Next Review Date ..... 1/15/2015  
Coverage Policy Number ..... 0398

## Table of Contents

Coverage Policy .....	1
General Background .....	1
Coding/Billing Information .....	5
References .....	11

## Hyperlink to Related Coverage Policies

- [Colorectal Cancer Screening and Surveillance](#)
- [Genetic Testing for Susceptibility to Breast and Ovarian Cancer \(e.g., BRCA1 & BRCA2\)](#)
- [Genetic Testing for Susceptibility to Colorectal Cancer](#)
- [Infertility Services](#)
- [Prophylactic Oophorectomy or Salpingo-oophorectomy With or Without Hysterectomy](#)
- [Tumor Markers for Cancer and Serum Marker Panels for Liver Disease](#)
- [Ultrasound In Pregnancy \(including 3D and 4D Ultrasound\)](#)

## INSTRUCTIONS FOR USE

The following Coverage Policy applies to health benefit plans administered by Cigna companies. Coverage Policies are intended to provide guidance in interpreting certain **standard** Cigna benefit plans. Please note, the terms of a customer's particular benefit plan document [Group Service Agreement, Evidence of Coverage, Certificate of Coverage, Summary Plan Description (SPD) or similar plan document] may differ significantly from the standard benefit plans upon which these Coverage Policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a Coverage Policy. In the event of a conflict, a customer's benefit plan document **always supersedes** the information in the Coverage Policies. In the absence of a controlling federal or state coverage mandate, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of 1) the terms of the applicable benefit plan document in effect on the date of service; 2) any applicable laws/regulations; 3) any relevant collateral source materials including Coverage Policies and; 4) the specific facts of the particular situation. Coverage Policies relate exclusively to the administration of health benefit plans. Coverage Policies are not recommendations for treatment and should never be used as treatment guidelines. In certain markets, delegated vendor guidelines may be used to support medical necessity and other coverage determinations. Proprietary information of Cigna. Copyright ©2014 Cigna

## Coverage Policy

For information on obstetric ultrasonography, refer to the Cigna Coverage Policy Ultrasound In Pregnancy (including 3D and 4D Ultrasound).

For information on infertility-related ultrasonography, refer to the Cigna Coverage Policy Infertility Services.

Cigna covers non-obstetrical transvaginal ultrasound as medically necessary for the evaluation of suspected pelvic pathology or for screening or surveillance of a woman at increased risk for ovarian or endometrial cancer.

Cigna does not cover non-obstetrical transvaginal ultrasound for any other indication including but not limited to screening in the general population for ANY type of cancer because it is considered experimental, investigational or unproven.

## General Background

Ultrasound imaging, also known as ultrasound scanning or sonography is a method of obtaining images from inside the human body through the use of high-frequency sound waves. The echoes of the sound waves are

recorded and displayed as a real-time, visual image. Pelvic ultrasound in females may be performed transabdominally or transvaginally. A transvaginal ultrasound (TVU, TVUS), also known as transvaginal sonography (TVS), involves the insertion of the transducer into the vagina. The images are obtained from different orientations to get the best views of the uterus and ovaries.

Transabdominal and transvaginal scanning are both useful in the evaluation and treatment of a number of pelvic pathologies. One of the more valuable roles of TVUS is evaluating unexplained bleeding in the postmenopausal woman. A thickened or highly echogenic endometrium in a postmenopausal patient can suggest the presence of polyps, abnormal endometrial histology such as adenomatous hyperplasia, or cancer. TVUS can provide information about the location of a pelvic mass relative to the ovary and uterus and provides higher resolution for better delineation of the internal architectural characteristics compared to a transabdominal ultrasound. TVUS also plays a role in evaluating patients with acute pelvic pain. Normal-appearing ovaries with no free intraperitoneal fluid on TVUS essentially eliminate a primary ovarian source for acute pain. The uterus can be evaluated sonographically, and pathologic causes of pelvic pain such as uterine fibroids, with or without degeneration, can be ruled out. TVUS is used in the evaluation of the infertile patient, particularly in the management of controlled ovarian hyperstimulation, which is necessary for modern assisted reproductive technology such as in vitro fertilization (IVF) (Gibbs, et al., 2008).

TVUS has also been investigated as a screening tool for cancer, primarily ovarian and endometrial, in women who are at average risk for malignancy. Screening and diagnostic methods for ovarian cancer include pelvic examination, CA 125 antigen as a tumor marker, TVUS, and, potentially, multimarker panels and bioinformatic analysis of proteomic patterns. TVUS is capable of detecting small ovarian masses and may distinguish some benign masses from some malignant adnexal masses, although it still only poorly predicts which masses are cancers and which are due to benign diseases of the ovary. As an independent test, TVUS has shown poor performance in the detection of ovarian cancer in average-risk or high-risk women (Fishman, et al., 2005).

According to the National Cancer Institute (NCI), routine screening for endometrial cancer has not been shown to be beneficial in the general population, but expert consensus suggests that it be considered in women who are members of high-risk Lynch syndrome (i.e., HNPCC) families. Some studies suggest that women with a clinical or genetic diagnosis of Lynch syndrome do not universally adopt intensive gynecologic screening (Yang, et al., 2006; Collins, et al., 2007). Despite absence of a survival advantage, a task force organized by the National Institutes of Health (NIH) has suggested annual endometrial sampling beginning at age 30 to 35 years for women in Lynch syndrome families. TVUS can also be considered annually to evaluate the ovaries (Lindor, et al., 2006; Vasen, et al., 2007) in this group. The published literature on TVUS for endometrial cancer screening has shown it to be insensitive and nonspecific, but because there may still be a role for TVUS in ovarian cancer screening, clinical practice guidelines have been reluctant to date to recommend against TVUS (NCI, 2011).

### **U.S. Food and Drug Administration (FDA)**

A number of ultrasound devices and probes have received FDA approval. The FDA notes that these devices are considered prescription devices and are to be used only with a physician's order.

### **Literature Review**

**Ovarian Cancer:** Large clinical trials have evaluated the efficacy of TVUS in screening for ovarian cancer. Buys et al. (2012) reported results of the Prostate, Lung, Colorectal and Ovarian Cancer Screening (PLCO) Trial, a randomized, controlled trial (n=78,216) conducted in the United States to determine the impact of screening on cause-specific mortality for several types of cancer, including ovarian cancer. Women aged 55 to 74 years were randomized to receive either annual screening with CA-125 testing for six years and TVUS for four years or usual medical care. After excluding women with a prior bilateral oophorectomy, 68,557 women remained in the analysis. Women were followed up for a maximum of 13 years, with a median follow-up of 12.4 years. Ovarian, primary peritoneal, and fallopian tube cancer were all considered ovarian cancer cases for this study. Among the 34,253 women in the intervention/screening group, 212 ovarian cancer cases and 118 ovarian cancer deaths were identified. Among the 34,304 women in the usual care group, there were 176 ovarian cancer cases and 100 ovarian cancer deaths. No reduction in ovarian cancer mortality was observed in the intervention group compared with those receiving usual care (relative risk [RR], 1.18 [95% CI, 0.82–1.71]). The trial concluded that screening women at average risk for ovarian cancer with CA-125 testing and TVUS did not reduce ovarian cancer mortality compared with usual care.

Other studies of average-risk populations have shown TVUS to produce a high number of false-positives (Partridge, et al 2009; Van Nagell, et al., 2007; Lacey, et al., 2006; Buys, et al., 2005). The CA-125 blood test also has a high false-positive rate. Although combining the two tests and stratifying women into risk groups based on family history does increase the positive predictive value somewhat, studies fail to demonstrate a beneficial effect of screening on mortality (Evans, et al., 2009; Van Nagell, et al., 2007; Hermsen, et al., 2007; Woodward, et al., 2007; Lacey, et al., 2006; Bosse, et al., 2006).

There is insufficient evidence in the published peer-reviewed medical literature to lend support to TVUS used as a screening tool for ovarian cancer.

**Endometrial Cancer:** Fewer large-scale studies have investigated TVUS as a possible screening test for endometrial cancer. Jacobs et al. (2011) conducted a nested case-control study of postmenopausal women (n=48,230) who underwent TVUS in the United Kingdom Collaborative Trial of Ovarian Cancer Screening (UKCTOCS) trial. The primary outcome measure was endometrial cancer and atypical endometrial hyperplasia. Performance characteristics of endometrial thickness and abnormalities for detection of endometrial cancer within one year of TVUS were calculated. Median follow-up was five-11 years. A total of 136 women with endometrial cancer or atypical endometrial hyperplasia within one year of TVUS were included in the primary analysis. The optimum endometrial thickness cutoff for endometrial cancer or atypical endometrial hyperplasia was 5-15 mm, with sensitivity of 80.5% and specificity of 86.2%. For the analysis of the women with endometrial cancer or atypical endometrial hyperplasia who reported no symptoms of postmenopausal bleeding before diagnosis and had an endometrial thickness measurement available (n=96), a cutoff of 5 mm achieved a sensitivity of 77.1% and specificity of 85.8%. Study results indicate that TVUS screening for endometrial cancer may have good sensitivity in postmenopausal women. However, the role of population screening for endometrial cancer remains uncertain.

In high-risk populations, other studies have indicated that TVUS failed to detect endometrial cancer; the efficacy of TVUS screening for endometrial cancer in high-risk women remains unproven by clinical trials (Renkonen-Sinisalo, et al., 2007; Rijcken, et al., 2003; Dove-Edwin, et al., 2002). Due to a low positive predictive value, TVUS has not been proven to be an effective screening procedure for detection of endometrial abnormality in average-risk women (Fleischer, et al., 2001).

### **Professional Societies/Organizations**

**U.S. Preventive Services Task Force (USPSTF):** According to the 2012 USPSTF Addendum to Screening for Ovarian Cancer, this type of screening can lead to important harms, including major surgical interventions in women who do not have cancer. The harms of screening for ovarian cancer outweigh the benefits. The report further states that women with BRCA1 and BRCA2 genetic mutations, the Lynch syndrome (hereditary nonpolyposis colon cancer), or a family history of ovarian cancer are at increased risk for ovarian cancer. Women with an increased-risk family history should be considered for genetic counseling to further evaluate their potential risks. "Increased-risk family history" generally means having two or more first- or second-degree relatives with a history of ovarian cancer or a combination of breast and ovarian cancer; for women of Ashkenazi Jewish descent, it means having a first-degree relative (or two second-degree relatives on the same side of the family) with breast or ovarian cancer (USPSTF, 2012). This reaffirms the previous recommendation of the USPSTF that annual screening with transvaginal ultrasonography and serum CA-125 testing in women does not decrease ovarian cancer mortality (USPSTF, 2004).

**American Cancer Society (ACS):** The ACS Screening Guidelines (Smith, et al., 2011) state the following under the heading Testing for Early Ovarian Cancer Detection: Currently, there is no proven effective screening strategy for the early detection of ovarian cancer, and neither the ACS nor any other organization recommends screening asymptomatic women at average risk. Presently, several investigations are underway that may lead to a screening strategy for asymptomatic women, as well as more specific protocols for the evaluation of women who present with symptoms of ovarian cancer.

Under the heading Screening for Endometrial Cancer, the 2011 ACS Screening Guidelines state that in 2001, the ACS concluded that there was insufficient evidence to recommend screening for endometrial cancer in women at average risk or who were at an increased risk due to a history of unopposed estrogen therapy, tamoxifen therapy, late menopause, nulliparity, infertility or failure to ovulate, obesity, diabetes, or hypertension (Smith, et al., 2001). The ACS recommends that women at average and increased risk should be informed about the risks and symptoms (in particular, unexpected bleeding and spotting) of endometrial cancer at the

onset of menopause, and should be strongly encouraged to immediately report these symptoms to their physicians. Women at very high risk of endometrial cancer due to 1) known HNPCC genetic mutation carrier status; 2) a substantial likelihood of being a mutation carrier (i.e., a mutation is known to be present in the family); or 3) the absence of genetic testing results in families with a suspected autosomal dominant predisposition to colorectal cancer should consider beginning annual testing for early endometrial cancer detection at age 35 years. The evaluation of endometrial histology with endometrial biopsy is still the standard for determining the status of the endometrium. Women at high risk should be informed that the recommendation for screening is based on expert opinion, and they also should be informed about the potential benefits, risks, and limitations of testing for early endometrial cancer detection (Smith, et al., 2011).

**National Comprehensive Cancer Network® (NCCN®):** The NCCN publishes Clinical Practice Guidelines in Oncology™. The Genetic/Familial High-Risk Assessment: Breast and Ovarian guideline recommends at-risk patients who have not elected ovarian cancer risk reducing surgery to consider concurrent transvaginal ultrasound (preferably day 1–10 of cycle for premenopausal women) and CA 125 (preferably after day 5 of menstrual cycle in premenopausal women) every six months starting at age 30 or 5–10 years earlier than the earliest age of first diagnosis of ovarian cancer in the family, for the early detection of ovarian cancer (NCCN, 2013).

The NCCN also notes when investigating family histories, the maternal and paternal sides should be considered independently. Close relatives are considered to include first-, second-, and third-degree relatives. A first-degree relative is defined as a blood relative with whom an individual shares approximately 50% of his/her genes, including the individual's parents, full siblings, and children. A second-degree relative is defined as a blood relative with whom an individual shares approximately 25% of his/her genes, including the individual's grandparents, grandchildren, aunts, uncles, nephews, nieces and half-siblings. A third-degree relative is defined as a blood relative with whom an individual shares approximately 12.5% of his/her genes, including the individual's great-grandparents and first-cousins. The early onset of breast or epithelial ovarian/fallopian tube/primary peritoneal cancers at any age also increases suspicion of HBOC. Other malignancies reported in some families with hereditary breast and ovarian cancer includes prostate, pancreatic, and melanoma (NCCN, 2013).

**National Cancer Institute (NCI):** The NCI states that there is “solid evidence to indicate that screening for ovarian cancer with the serum marker CA-125 and TVU does not result in a decrease in ovarian cancer mortality when compared with usual care, after a median follow-up of 12.4 years” (NCI, 2013c).

The NCI also states that there is inadequate evidence that screening by ultrasonography (e.g., endovaginal ultrasound or transvaginal ultrasound) reduces mortality from endometrial cancer. Most cases of endometrial cancer (85%) are diagnosed at low stage because of symptoms, and survival rates are high. Based on solid evidence, screening asymptomatic women will result in unnecessary additional biopsies because of false-positive test results. Risks associated with false-positive tests include anxiety and complications from biopsies (NCI, 2013a).

**American College of Obstetricians and Gynecologists (ACOG):** The ACOG Practice Bulletin on Hereditary Breast and Ovarian Cancer Syndrome (April, 2009) states “Available screening procedures have a limited ability to detect ovarian cancer at an early, more curable stage of disease, and patients should be informed that there is no evidence that screening has reduced the mortality or improved the survival associated with ovarian cancer in high-risk populations. Nevertheless, given the extremely high risk for ovarian cancer and fallopian tube cancer in women with mutations in BRCA1 or BRCA2, consensus groups have recommended periodic screening with CA 125 and transvaginal ultrasonography, beginning between the ages of 30 years and 35 years or 5–10 years earlier than the earliest age of first diagnosis of ovarian cancer in the family (Burke, et al., 1997; NCCN, 2013)”.

**American College of Radiology (ACR):** The American College of Radiology Practice Guideline for the Performance of Pelvic Ultrasound in Females addresses transvaginal ultrasound. One of the indications listed is “screening for malignancy in patients with an increased risk” (ACR, 2009). The ACR Appropriateness Criteria® For Ovarian Cancer Screening (2009) states “Women with an increased familial risk of ovarian cancer may understandably request screening. Such screening can be performed, but patients should be counseled that there currently is insufficient evidence to know if screening is effective, even when there is a known familial predisposition”.

## Use Outside of the US

The Australia and New Zealand Horizon Scanning Network's (ANZHSN) scanning program is a collaborative Commonwealth and State initiative guided by the Health Policy Advisory Committee on Technology (HealthPACT), which provides jurisdictions with evidence-based advice on emerging technologies. A 2007 ANZHSN Horizon Scanning prioritizing summary entitled Ovarian Cancer Symptom Index stated that "currently, there are no high-quality, standard screening techniques for the routine early detection of ovarian cancer. Current methods in use in Australia include bimanual pelvic examination, transvaginal ultrasound, and serum CA-125 levels. There is only low quality evidence to support the use of these tests for the diagnosis of ovarian cancer and, currently, they do not meet the requirements for high quality screening tests" (ANZHSN, 2007).

## Summary

Transvaginal ultrasound (TVUS) has an established role in the evaluation of gynecologic conditions such as unexplained post-menopausal bleeding, pelvic pain or masses, and infertility. Evidence in the published, peer-reviewed scientific literature indicates the clinical utility of TVUS for ovarian and endometrial, or any type of cancer screening in asymptomatic women in the general population is unknown. There is concern that high false-positive rates may cause unnecessary invasive procedures. Although clinical trials have not demonstrated any survival advantage, TVUS may be used as a screening tool in high-risk populations and as a surveillance tool in women with a personal history of breast, ovarian, endometrial, fallopian tube, primary peritoneal, or Lynch syndrome-associated cancer.

---

## Coding/Billing Information

- Note:** 1) This list of codes may not be all-inclusive.  
2) Deleted codes and codes which are not effective at the time the service is rendered may not be eligible for reimbursement  
3) ICD-10-ICD CM Procedure Codes are for informational purposes only and are not effective until 10/01/2015

### Covered when medically necessary:

CPT <sup>®*</sup> Codes	Description
76830	Ultrasound, transvaginal

ICD-9-CM Diagnosis Codes	Description
179	Malignant neoplasm of uterus, part unspecified
182.0-182.8	Malignant neoplasm of body of uterus
183.0-183.9	Malignant neoplasm of ovary and other uterine adnexa
184.8	Malignant neoplasm of other specified sites of female genital organs
184.9	Malignant neoplasm of female genital organ, site unspecified
198.6	Secondary malignant neoplasm of ovary
198.82	Secondary malignant neoplasm of genital organs
198.89	Secondary malignant neoplasm of other specified site
218.0-218.9	Uterine Leiomyoma
219.0-219.9	Other benign neoplasm of uterus
220	Benign neoplasm of ovary
221.0-221.9	Benign neoplasm of other female genital organs
233.1	Carcinoma in situ of cervix uteri
233.2	Carcinoma in situ of other and unspecified parts of uterus
233.30- 233.39	Carcinoma in situ of other and unspecified female genital organs
236.0	Neoplasm of uncertain behavior of uterus
236.2	Neoplasm of uncertain behavior of ovary

236.3	Neoplasm of uncertain behavior of other and unspecified female genital organs
256.0-256.9	Ovarian dysfunction
614.0-614.9	Inflammatory disease of ovary, fallopian tube, pelvic cellular tissue and perineum
615.0-615.9	Inflammatory diseases of uterus, except cervix
616.0-616.9	Inflammatory disease of cervix, vagina, and vulva
617.0-617.9	Endometriosis
619.0-619.9	Fistula involving female genital tract
620.0-620.9	Noninflammatory disorders of ovary, fallopian tube, and broad ligament
621.0-621.9	Disorders of uterus, not elsewhere classified
625.0-625.9	Pain and other symptoms associated with female genital organs
626.0-626.9	Disorders of menstruation and other abnormal bleeding from female genital tract
627.0	Premenopausal menorrhagia
627.1	Postmenopausal bleeding
628.0-628.9	Infertility, female
789.00-789.09	Abdominal pain
789.30-789.39	Abdominal or pelvic swelling, mass, or lump
996.32	Mechanical complication due to intrauterine contraceptive device
996.65	Infection and inflammatory reaction due to other genitourinary device, implant and graft
V10.05	Personal history of malignant neoplasm of large intestine
V10.3	Personal history of malignant neoplasm of breast
V10.41	Personal history of malignant neoplasm of cervix uteri
V10.43	Personal history of malignant neoplasm of ovary
V10.44	Personal history of malignant neoplasm of other female genital organs
V16.0	Family history of malignant neoplasm of gastrointestinal tract
V16.3	Family history of malignant neoplasm of breast
V16.41	Family history of malignant neoplasm, ovary
V16.49	Family history of malignant neoplasm of other genital organ
V76.2	Special screening for malignant neoplasm of cervix
V76.46	Special screening for malignant neoplasm of ovary
V76.47	Special screening for malignant neoplasm of vagina
V76.49	Special screening for malignant neoplasms, other sites
V76.89	Special screening for other malignant neoplasm
V84.01	Genetic susceptibility to malignant neoplasm of breast
V84.02	Genetic susceptibility to malignant neoplasm of ovary
V84.04	Genetic susceptibility to malignant neoplasm of endometrium
V84.89	Genetic susceptibility to malignant neoplasm of other disease

<b>ICD-10-CM Diagnosis Codes (Effective 10/01/2015)</b>	<b>Description</b>
C54.0-C54.9	Malignant neoplasm of corpus uteri
C55	Malignant neoplasm of ovary, site unspecified
C56.1-C56.9	Malignant neoplasm of ovary
C57.00-C57.9	Malignant neoplasm of other and unspecified female genital organs
C79.60-C79.62	Secondary malignant neoplasm of ovary
C79.82	Secondary malignant neoplasm of genital organs
C79.89	Secondary malignant neoplasm of other specified sites
C79.9	Secondary malignant neoplasm of unspecified site
D06.0-D06.9	Carcinoma in situ of cervix uteri

D07.0-D07.2	Carcinoma in situ of other and unspecified genital organs
D07.30	Carcinoma in situ of unspecified female genital organs
D07.39	Carcinoma in situ of other female genital organs
D25.0-D25.9	Leiomyoma of uterus
D26.0-D26.9	Other benign neoplasm of uterus
D27.0-D27.9	Benign neoplasm of ovary
D28.0-D28.9	Benign neoplasm of other and unspecified female genital organs
D39.0-D39.9	Neoplasm of uncertain behavior of female genital organs
E28.0-E28.9	Ovarian dysfunction
N70.01- N70.93	Salpingitis and oophoritis
N71.0-N71.9	Inflammatory disease of uterus, except cervix
N72	Inflammatory disease of cervix uteri
N73.0-N73.9	Other female pelvic inflammatory disorders
N74	Female pelvic inflammatory disorders in diseases classified elsewhere
N76.0- N76.89	Other inflammation of vagina and vulva
N80.0-N80.9	Endometriosis
N81.0-N81.9	Female genital prolapse
N82.0-N82.9	Fistulae involving female genital tract
N83.0-N83.9	Noninflammatory disorders of ovary, fallopian tube and broad ligament
N84.0-N84.9	Polyp of female genital tract
N85.00- N85.9	Other noninflammatory disorders of uterus, except cervix
N91.0-N91.5	Absent, scanty and rare menstruation
N92.0-N92.6	Excessive, frequent and irregular menstruation
N93.0-N93.9	Other abnormal uterine and vaginal bleeding
N94.0-N94.9	Pain and other conditions associated with female genital organs
N95.0	Post menopausal bleeding
N95.1	Menopausal and female climacteric states
N95.8	Other specified menopausal and perimenopausal disorders
N95.9	Unspecified menopausal and perimenopausal disorder
N97.0-N97.9	Female infertility
R10.0-R10.9	Abdominal and pelvic pain
R19.00- R19.09	Intra-abdominal and pelvic swelling, mass and lump
T83.31XA- T83.39XS	Mechanical complication of intrauterine contraceptive device
T83.59XA- T83.59XS	Infection and inflammatory reaction due to prosthetic device, implant and graft in urinary system, initial encounter
T83.6XXA- T83.6XXS	Infection and inflammatory reaction due to prosthetic device, implant and graft in genital tract, initial encounter
Z12.4	Encounter for screening for malignant neoplasm of cervix
Z12.72	Encounter for screening for malignant neoplasm vagina
Z12.73	Encounter for screening for malignant neoplasm of ovary
Z12.79	Encounter for screening for malignant neoplasm of other genitourinary organs
Z12.82	Encounter for screening for malignant neoplasm of nervous system
Z12.89	Encounter for screening for malignant neoplasm of other sites
Z15.01	Genetic susceptibility to malignant neoplasm of breast
Z15.02	Genetic susceptibility to malignant neoplasm of ovary
Z15.04	Genetic susceptibility to malignant neoplasm of endometrium
Z15.09	Genetic susceptibility to other malignant neoplasm
Z85.00- Z85.09	Personal history of malignant neoplasm of digestive organs
Z85.3	Personal history of malignant neoplasm of breast
Z85.40	Personal history of malignant neoplasm of unspecified female genital organ

Z85.41	Personal history of malignant neoplasm of cervix uteri
Z85.42	Personal history of malignant neoplasm of other parts of uterus
Z85.43	Personal history of malignant neoplasm of ovary
Z85.44	Personal history of malignant neoplasm of other female genital organ
Z85.0-Z85.9	Family history of malignant neoplasm

**Experimental/Investigational/Unproven/Not Covered:**

CPT* Codes	Description
76830	Ultrasound, transvaginal

ICD-9-CM Diagnosis Codes	Description
112.1	Candidiasis of vulva and vagina
285.9	Anemia, unspecified
599.0	Urinary tract infection, site not specified
599.70	Hematuria, unspecified
610.0-610.9	Benign mammary dysplasia
611.0-611.9	Other disorders of breast
623.5	Leukorrhea, not specified as infective
627.2	Symptomatic menopausal or female climacteric states
627.8	Other specified menopausal and postmenopausal disorders
627.9	Unspecified menopausal and postmenopausal disorder
733.00-733.09	Osteoporosis
733.90	Disorder of bone and cartilage, unspecified
780.79	Other malaise and fatigue
788.1	Dysuria
793.80-793.89	Nonspecific (abnormal) findings on radiological examination of breast
V25.01	General counseling and advice, prescription of oral contraceptives
V25.02	General counseling and advice, initiation of other contraceptive measures
V25.09	General counseling and advice, other
V25.40	Surveillance of previously prescribed contraceptive methods, contraceptive surveillance unspecified
V25.41	Surveillance of previously prescribed contraceptive methods, contraceptive pill
V49.81	Asymptomatic postmenopausal status (age-related) (natural)
V70.0	Routine general medical examination at a health care facility
V72.31	Routine gynecological examination
V72.41	Pregnancy examination or test, negative result
V72.60-V72.69	Laboratory examination
V72.85	Other specified examination
V73.0-V73.99	Special screening examination for viral and chlamydial diseases
V74.0-V74.9	Special screening examination for bacterial and spirochetal diseases
V75.0-V75.9	Special screening examination for other infectious diseases
V76.0	Special screening for malignant neoplasm of respiratory organs
V76.10	Special screening for malignant neoplasm of breast; breast screening, unspecified
V76.11	Special screening for malignant neoplasm of breast; screening mammogram for high-risk patient
V76.12	Special screening for malignant neoplasm of breast, Other screening mammogram
V76.19	Special screening for malignant neoplasm of breast; other screening breast examination

V76.3	Special screening for malignant neoplasm of bladder
V76.41	Special screening for malignant neoplasm of rectum
V76.42	Special screening for malignant neoplasm of oral cavity
V76.43	Special screening for malignant neoplasm of skin
V76.50- V76.52	Special screening for malignant neoplasm of intestine
V76.81	Special screening for malignant neoplasm of nervous system
V77.0-V77.99	Special screening for endocrine, nutritional, metabolic and immunity disorders
V78.0-V78.9	Special screening for disorders of blood and blood-forming organs
V79.0-V79.9	Special screening for mental disorders and developmental handicaps
V80.01-V80.3	Special screening for neurological, eye and ear diseases
V81.0-V81.6	Special screening for cardiovascular, respiratory and genitourinary diseases
V82.0-V82.9	Special screening for other conditions

<b>ICD-10-CM Diagnosis Codes (Effective 10/01/2015)</b>	<b>Description</b>
B37.3	Candidiasis of vulva and vagina
D64.9	Anemia, unspecified
M81.0	Age-related osteoporosis without current pathological fracture
M81.6	Localized osteoporosis [Lequesne]
M81.8	Other osteoporosis without current pathological fracture
M85.9	Disorder of bone density and structure, unspecified
N39.0	Urinary tract infection, site not specified
N60.01	Solitary cyst of right breast
N60.02	Solitary cyst of left breast
N60.09	Solitary cyst of unspecified breast
N60.11	Diffuse cystic mastopathy of right breast
N60.12	Diffuse cystic mastopathy of left breast
N60.19	Diffuse cystic mastopathy of unspecified breast
N60.21	Fibroadenosis of right breast
N60.22	Fibroanenosis of left breast
N60.29	Fibroadenosis of unspecified breast
N60.31	Fibrosclerosis of right breast
N60.32	Firbosclerosis of left breast
N60.39	Fibrosclerosis of unspecified breast
N60.41	Mammary duct ectasia of right breast
N60.42	Mammary duct ectasia of left breast
N60.49	Mammary duct ectasia of unspecified breast
N60.81	Other benign mammary dysplasia of right breast
N60.82	Other benign mammary dysplasia of left breast
N60.89	Other benign mammary duct dysplasia of unspecified breast
N60.91	Unspecified benign mammary dysplasia of right breast
N60.92	Unspecified benign mammary dysplasia of right breast
N60.99	Unspecified benign mammary dysplasia of unspecified breast
N61	Inflammatory disorders of breast
N89.8	Other specified noninflammatory disorders of vagina
R30.0	Dysuria
R30.9	Painful micturition, unspecified
R31.0	Gross hematuria
R31.1	Benign essential microscopic hematuria
R31.2	Other microscopic hematuria
R31.9	Hematuria, unspecified

R53.81	Other malaise
R53.82	Chronic fatigue, unspecified
R53.83	Other fatigue
R92.0	Mammographic microcalcification found on diagnostic imaging of breast
R92.1	Mammographic calcification found on diagnostic imaging of breast
R92.2	Inconclusive mammogram
R92.8	Other abnormal and inconclusive findings on diagnostic imaging of breast
Z00.00	Encounter for general adult medical examination without abnormal findings
Z00.01	Encounter for general adult medical examination with abnormal findings
Z01.411	Encounter for gynecological examination (general) (routine) with abnormal findings
Z01.419	Encounter for gynecological examination (general) (routine) without abnormal findings
Z11.0	Encounter for screening for intestinal infectious diseases
Z11.1	Encounter for screening for respiratory tuberculosis
Z11.2	Encounter for screening for other bacterial diseases
Z11.3	Encounter for screening for infections with a predominantly sexual mode of transmission
Z11.4	Encounter for screening for human immunodeficiency virus [HIV]
Z11.51	Encounter for screening for human papillomavirus (HPV)
Z11.59	Encounter for screening for other viral diseases
Z11.6	Encounter for screening for other protozoal intestinal disease
Z11.8	Encounter for screening for other infectious and parasitic diseases
Z11.9	Encounter for screening for infectious and parasitic diseases, unspecified
Z12.0	Encounter for screening for malignant neoplasm of stomach
Z12.10	Encounter for screening for malignant neoplasm of intestinal tract, unspecified
Z12.11	Encounter for screening for malignant neoplasm of colon
Z12.12	Encounter for screening for malignant neoplasm of rectum
Z12.13	Encounter for screening for malignant neoplasm of small intestine
Z12.2	Encounter for screening for malignant neoplasm of respiratory organs
Z12.31	Encounter for screening mammogram for malignant neoplasm of breast
Z12.39	Encounter for other screening for malignant neoplasm of breast
Z12.6	Encounter for screening for malignant neoplasm of bladder
Z13.0	Encounter for screening for diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism
Z13.1	Encounter for screening for diabetes mellitus
Z13.21	Encounter for screening for nutritional disorder
Z13.22	Encounter for screening for metabolic disorder
Z13.220	Encounter for screening for lipoid disorders
Z13.228	Encounter for screening for other metabolic disorders
Z13.29	Encounter for screening for other suspected endocrine disorder
Z13.4	Encounter for screening for certain developmental disorders in childhood
Z13.5	Encounter for screening for eye and ear disorders
Z13.6	Encounter for screening for cardiovascular disorders
Z13.71	Encounter for nonprocreative screening for genetic disease carrier status
Z13.79	Encounter for other screening for genetic and chromosomal deficiencies
Z13.810	Encounter for screening for upper gastrointestinal disorder
Z13.811	Encounter for screening for lower gastrointestinal disorder
Z13.818	Encounter for screening for intestinal infectious disease
Z13.820	Encounter for screening for osteoporosis
Z13.828	Encounter for screening for other musculoskeletal disorder
Z13.83	Encounter for screening for respiratory disorder, NEC
Z13.84	Encounter for screening for dental disorders
Z13.850	Encounter for screening for traumatic brain injury
Z13.858	Encounter for screening for other nervous system disorder
Z13.88	Encounter for screening for disorder due to exposure to contaminants
Z13.89	Encounter for screening for other disorder
Z13.9	Encounter for screening, unspecified

Z30.011	Encounter for initial prescription of contraceptive pills
Z30.013	Encounter for initial prescription of injectable contraceptive
Z30.014	Encounter for initial prescription of intrauterine contraceptive device
Z30.018	Encounter for initial prescription of other contraceptives
Z30.019	Encounter for initial prescription of contraceptive, unspecified
Z30.02	Counseling and instruction in natural family planning to avoid pregnancy
Z30.09	Encounter for other general counseling and advice on contraception
Z30.40	Encounter for surveillance of contraceptives, unspecified
Z30.41	Encounter for surveillance of contraceptive pills
Z30.42	Encounter for surveillance of injectable contraceptive
Z30.431	Encounter for routine checking of intrauterine contraceptive device
Z30.49	Encounter for surveillance of other contraceptives
Z30.8	Encounter for other contraceptive management
Z30.9	Encounter for contraceptive management, unspecified
Z32.02	Encounter for pregnancy test, negative result
Z78.0	Asymptomatic menopausal state

**\*Current Procedural Terminology (CPT®) © 2013 American Medical Association: Chicago, IL.**

---

## References

1. American College of Obstetricians and Gynecologists; ACOG Committee on Practice Bulletins--Gynecology; ACOG Committee on Genetics; Society of Gynecologic Oncologists. ACOG Practice Bulletin No. 103: Hereditary breast and ovarian cancer syndrome. *Obstet Gynecol.* 2009 Apr;113(4):957-66. Accessed at URL address:  
[http://www.acog.org/from\\_home/publications/press\\_releases/nr03-20-09.cfm](http://www.acog.org/from_home/publications/press_releases/nr03-20-09.cfm)  
<http://mail.ny.acog.org/website/OvarianCaPracBull103.pdf>
2. American College of Radiology (ACR) Practice Guideline for the performance of pelvic ultrasound. Revised 2009. Accessed August 2011. Available at URL address:  
[http://www.acr.org/SecondaryMainMenuCategories/quality\\_safety/guidelines/us/us\\_pelvic.aspx](http://www.acr.org/SecondaryMainMenuCategories/quality_safety/guidelines/us/us_pelvic.aspx)
3. American College of Radiology (ACR) Appropriateness Criteria®, Ovarian Cancer Screening. 2009. Accessed August 2011. Available at URL address:  
[http://www.acr.org/SecondaryMainMenuCategories/quality\\_safety/app\\_criteria.aspx](http://www.acr.org/SecondaryMainMenuCategories/quality_safety/app_criteria.aspx)
4. Australia and New Zealand Horizon Scanning Network's (ANZHSN). National Horizon Scanning Unit. Horizon Scanning Prioritising Summary. Ovarian Cancer Symptom Index. October 2007. Accessed Dec 7, 2013. Available at URL address:  
[http://www.horizonscanning.gov.au/internet/horizon/publishing.nsf/Content/6B81AEB3E7EE0001CA2575AD0080F344/\\$File/Vol%2018%20-%20ovarian%20cancer%20symptom%20index.pdf](http://www.horizonscanning.gov.au/internet/horizon/publishing.nsf/Content/6B81AEB3E7EE0001CA2575AD0080F344/$File/Vol%2018%20-%20ovarian%20cancer%20symptom%20index.pdf)
5. Bosse K, Rhiem K, Wappenschmidt B, Hellmich M, Madeja M, Ortmann M, et al. Screening for ovarian cancer by transvaginal ultrasound and serum CA125 measurement in women with a familial predisposition: a prospective cohort study. *Gynecol Oncol.* 2006 Dec;103(3):1077-82.
6. Burke W, Petersen G, Lynch P, Botkin J, Daly M, Garber J, et al. Recommendations for follow-up care of individuals with an inherited predisposition to cancer. I. Hereditary nonpolyposis colon cancer. Cancer Genetics Studies Consortium. *JAMA* 277 (11): 915-9, 1997
7. Buys SS, Partridge E, Greene MH, Prorok PC, Reding D, Riley TL, Hartge P, Fagerstrom RM, Ragard LR, Chia D, Izmirlan G, Fouad M, Johnson CC, Gohagan JK; PLCO Project Team. Ovarian cancer screening in the Prostate, Lung, Colorectal and Ovarian (PLCO) cancer screening trial: findings from the initial screen of a randomized trial. *Am J Obstet Gynecol.* 2005 Nov;193(5):1630-9. Erratum in: *Am J Obstet Gynecol.* 2005 Dec;193(6):2183-4.

8. Buys SS, Partridge E, Black A, Johnson CC, Lamerato L, Isaacs C, et al. Effect of screening on ovarian cancer mortality: the Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Randomized Controlled Trial. *JAMA*. 2011 Jun 8;305(22):2295-303.
9. Collins VR, Meiser B, Ukoumunne OC, Gaff C, St John DJ, Halliday JL. The impact of predictive genetic testing for hereditary nonpolyposis colorectal cancer: three years after testing. *Genet Med*. 2007 May;9(5):290-7.
10. Dove-Edwin I, Boks D, Goff S, Kenter GG, Carpenter R, Vasen HF, et al. The outcome of endometrial carcinoma surveillance by ultrasound scan in women at risk of hereditary nonpolyposis colorectal carcinoma and familial colorectal carcinoma. *Cancer*. 2002 Mar 15;94(6):1708-12.
11. Evans DG, Gaarenstroom KN, Stirling D, Shenton A, Maehle L, Dørum A, et al. Screening for familial ovarian cancer: poor survival of BRCA1/2 related cancers. *J Med Genet*. 2009 Sep;46(9):593-7. Epub 2008 Apr 15.
12. Fishman DA, Cohen L, Blank SV, et al. The role of ultrasound evaluation in the detection of early-stage epithelial ovarian cancer. *Am J Obstet Gynecol*. 2005;192:1214-1221; discussion 1221–1212.
13. Fleischer AC, Wheeler JE, Lindsay I, Hendrix SL, Grabill S, Kravitz B, et al. An assessment of the value of ultrasonographic screening for endometrial disease in postmenopausal women without symptoms. *Am J Obstet Gynecol* 2001 Jan;184(2):70-5.
14. Gibbs RS, Karlan BY, Haney AF, Nygaard IE, editors. *Danforth's Obstetrics and Gynecology*, 10th Edition. ©2008 Lippincott Williams & Wilkins. p. 540- 554
15. Hermsen BB, Olivier RI, Verheijen RH, van Beurden M, de Hullu JA, Massuger LF, et al. No efficacy of annual gynaecological screening in BRCA1/2 mutation carriers; an observational follow-up study. *Br J Cancer*. 2007 May 7;96(9):1335-42 (abstract only).
16. Jacobs I, Gentry-Maharaj A, Burnell M, Manchanda R, Singh N, Sharma A, et al. Sensitivity of transvaginal ultrasound screening for endometrial cancer in postmenopausal women: a case-control study within the UKCTOCS cohort. *Lancet Oncol*. 2011 Jan;12(1):38-48. Epub 2010 Dec 10.
17. Lacey JV Jr, Greene MH, Buys SS, Reding D, Riley TL, Berg CD, et al. Ovarian cancer screening in women with a family history of breast or ovarian cancer. *Obstet Gynecol*. 2006 Nov;108(5):1176-84.
18. Lindor NM, Petersen GM, Hadley DW, Kinney AY, Miesfeldt S, et al. Recommendations for the care of individuals with an inherited predisposition to Lynch syndrome: a systematic review. *JAMA*. 2006 Sep 27;296(12):1507-17.
19. Menon U, Gentry-Maharaj A, Hallett R, Ryan A, Burnell M, Sharma A, et al. Sensitivity and specificity of multimodal and ultrasound screening for ovarian cancer, and stage distribution of detected cancers: results of the prevalence screen of the UK Collaborative Trial of Ovarian Cancer Screening (UKCTOCS). *Lancet Oncol*. 2009 Apr;10(4):327-40. Epub 2009 Mar 11.
20. National Comprehensive Cancer Network® (NCCN®) Clinical Practice Guidelines in Oncology™ v.3.2013 Genetic/Familial High-Risk Assessment: Breast and Ovarian. Accessed December 2012. Available at URL address: [http://www.nccn.org/professionals/physician\\_gls/pdf/genetics\\_screening.pdf](http://www.nccn.org/professionals/physician_gls/pdf/genetics_screening.pdf)
21. National Institutes of Health (NIH), National Cancer Institute (NCI). Endometrial cancer (PDQ®): Screening, Summary of Evidence, Health Professional Version. Bethesda, MD: NCI; Last Modified: Feb 27, 2013a. Accessed Dec 7 2013. Available at: <http://www.cancer.gov/cancertopics/pdq/screening/endometrial/HealthProfessional/page2>
22. National Institutes of Health (NIH), National Cancer Institute (NCI). Genetics of Colorectal Cancer (PDQ®); major genetic Syndromes; Screening for endometrial cancer in Lynch syndrome families.

Health Professional Version. Bethesda, MD: NCI; Last Modified: Last Modified: Oct 25, 2013b.  
Accessed Dec 7 2013. Available at:  
[http://www.cancer.gov/cancertopics/pdq/genetics/colorectal/HealthProfessional/page4#Section\\_279](http://www.cancer.gov/cancertopics/pdq/genetics/colorectal/HealthProfessional/page4#Section_279)

23. National Institutes of Health (NIH), National Cancer Institute (NCI). Ovarian cancer (PDQ®): Screening, Summary of Evidence, Health Professional Version. Bethesda, MD: NCI; Last Modified: Last Modified: Jul 25, 2013c. Accessed Dec 7 2013. Available at:  
<http://www.cancer.gov/cancertopics/pdq/screening/ovarian/HealthProfessional/page2>
24. Partridge E, Kreimer AR, Greenlee RT, Williams C, Xu JL, PLCO Project Team, et al. Results from four rounds of ovarian cancer screening in a randomized trial. *Obstet Gynecol.* 2009 Apr;113(4):775-82.
25. Renkonen-Sinisalo L, Butzow R, Leminen A, Lehtovirta P, Mecklin JP, Jarvinen HJ. Surveillance for endometrial cancer in hereditary nonpolyposis colorectal cancer syndrome. *Int J Cancer.* 2007 Feb 15;120(4):821-4.
26. Rijcken FE, Mourits MJ, Kleibeuker JH, Hollema H, van der Zee AG. Gynecologic screening in hereditary nonpolyposis colorectal cancer. *Gynecologic Oncology* 2003;91;74-80.
27. Smith RA, Cokkinides V, Brooks D, Saslow D, Brawley OW. Cancer screening in the United States, 2010: a review of current American Cancer Society guidelines and issues in cancer screening. *CA Cancer J Clin.* 2010 Mar-Apr;60(2):99-119.
28. Smith RA, Cokkinides V, Brooks D, Saslow D, Shah M, Brawley OW. Cancer screening in the United States, 2011: A review of current American Cancer Society guidelines and issues in cancer screening. *CA Cancer J Clin.* 2011 Jan-Feb;61(1):8-30. Epub 2011 Jan 4.
29. Smith RA, von Eschenbach AC, Wender R, et al. American Cancer Society guidelines for the early detection of cancer: update of early detection guidelines for prostate, colorectal, and endometrial cancers. Also: update 2001--testing for early lung cancer detection. *CA Cancer J Clin.* 2001;51:38-75; quiz 77-80.
30. Smith RA, von Eschenbach AC, Wender R; ACS Prostate Cancer Advisory Committee, ACS Colorectal Cancer Advisory Committee, ACS Endometrial Cancer Advisory Committee, et al. American Cancer Society guidelines for the early detection of cancer: update of early detection guidelines for prostate, colorectal, and endometrial cancers. Also: update 2001--testing for early lung cancer detection. *CA Cancer J Clin.* 2001 Jan-Feb;51(1):38-75; quiz 77-80.
31. Smith-Bindman R, Kerlikowske K, Feldstein VA, Subak L, Scheidler J, Segal M, et al. Endovaginal ultrasound to exclude endometrial cancer and other endometrial abnormalities. *JAMA.* 1998 Nov 4;280(17):1510-7.
32. U.S. Preventive Services Task Force. Screening for Ovarian Cancer. May 2004. Agency for Healthcare Research and Quality, Rockville, MD. Accessed August 2011. Available at URL address:  
<http://www.ahrq.gov/clinic/uspstf/uspsovar.htm>
33. U.S. Preventive Services Task Force. Screening for Ovarian Cancer: Evidence Update for the U.S. Preventive Services Task Force Reaffirmation Recommendation Statement. Release Date: April 2012. Agency for Healthcare Research and Quality, Rockville, MD. Accessed December 2012. Available at URL address: <http://www.uspreventiveservicestaskforce.org/uspstf12/ovarian/ovarartaddend.htm>
34. van Nagell JR Jr, DePriest PD, Ueland FR, DeSimone CP, Cooper AL, McDonald JM, et al. Ovarian cancer screening with annual transvaginal sonography: findings of 25,000 women screened. *Cancer.* 2007 May 1;109(9):1887-96.
35. Vasen HF, Moslein G, Alonso A, Bernstein I, Bertario L, Blanco I, et al. Guidelines for the clinical management of Lynch syndrome (hereditary non-polyposis cancer). *J Med Genet.* 2007 Jun;44(6):353-62.

36. Woodward ER, Sleightholme HV, Considine AM, Williamson S, McHugo JM, Cruger DG. Annual surveillance by CA125 and transvaginal ultrasound for ovarian cancer in both high-risk and population risk women is ineffective. *BJOG*. 2007 Dec;114(12):1500-9. Epub 2007 Sep 27.
37. Yang K, Allen B, Conrad P, Powell CB, Terdiman J, Chen LM. Awareness of gynecologic surveillance in women from hereditary non-polyposis colorectal cancer families. *Fam Cancer*. 2006;5(4):405-9.

The registered marks "Cigna" and the "Tree of Life" logo are owned by Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company, Cigna Health and Life Insurance Company, Cigna Behavioral Health, Inc., Cigna Health Management, Inc., and HMO or service company subsidiaries of Cigna Health Corporation.